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\*NOTE: AVERAGE Time for Daily Salaah \*10 Minutes should be Added/Subtracted accordingly for precaution.

DATE	FAJR	SUNRISE	ZUHR	ASR	MAGHRIB	ISHA
Sept. 1-6	5:43	7:02	1:20	5:50	7:37	8:56
7-12	5:46	7:04	1:18	5:46	7:31	8:49
13-18	5:49	7:06	1:15	5:41	7:24	8:41
19-24	5:52	7:09	1:13	5:36	7:17	8:34
25-30	5:55	7:11	1:11	5:30	7:11	8:27

DATE	FAJR	SUNRISE	ZUHR	ASR	MAGHRIB	ISHA
Oct. 1-6	5:57	7:14	1:09	5:25	7:04	8:21
7-12	6:00	7:17	1:08	5:19	6:58	8:15
13-18	6:03	7:20	1:06	5:14	6:52	8:09
19-24	6:06	7:23	1:05	5:09	6:47	8:04
25-31	6:09	7:27	1:04	5:05	6:42	8:00

Global Islamic Calendar - 1435 A.H / 1436 A.H - 2014

## UPCOMING ISLAMIC DATES

&

## ISLAMIC OCCASIONS

1435 A.H / 1436 A.H - 2014

\*1st of Dhul Hajj - September 25th, 2014

\*Yawm-ul-Arafat - October 3rd, 2014

\*Eid-ul-Adha - October 4th, 2014

\*1st of Muharram 1436 A.H - October 25th, 2014

(Subject to change due to Moonsighting)

Inshaa Allaah Ameen

**September**  
*Zul-Qi'dah/Zul-Hijjah*

S	M	T	W	T	F	S
	1	2	3	4	5	6
	6	7	8	9	10	11
7	8	9	10	11	12	13
12	13	14	15	16	17	18
14	15	16	17	18	19	20
19	20	21	22	23	24	25
21	22	23	24	25	26	27
26	27	28	29	ZH	2	3
28	29	30				
4	5	6				

**October**  
*Zul-Hijjah 1435/  
Muharram 1436*

S	M	T	W	T	F	S
			1	2	3	4
			7	8	9	10
5	6	7	8	9	10	11
11	12	13	14	15	16	17
12	13	14	15	16	17	18
18	19	20	21	22	23	24
19	20	21	22	23	24	25
25	26	27	28	29	30	MH
26	27	28	29	30	31	
2	3	4	5	6	7	

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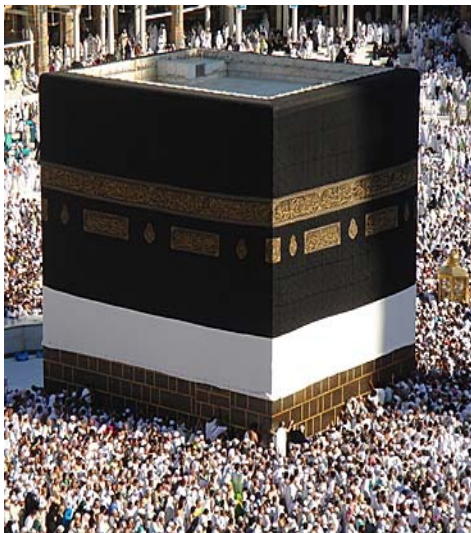
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**AL-HIKMAT INTERNATIONAL MUSLIM MAGAZINE**

The Voice of Al-Qur'aan

"Invite To The Way Of Thy Lord With Hikmat (Wisdom)".

Al-Qur'aan Ch:16 V:125

**Founder:**

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Rabbi Jeffrey

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**BEING LIKE A TRAVELER IN THIS WORLD**

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**SHAIKH SHAFAYAT'S MESSAGE**

By Sis. Karen Shah



Sis. Karen Shah

**RACISM  
IS  
UN-ISLAMIC**

Summary of Khutbah written by Sis. Karen Shah  
Program Vice President of Broward Interfaith Council, Florida

Upon studying Quran and Sunnah, it becomes very clear that racism is un-Islamic. In Quran

49:13, "O mankind, We created you from a single (pair) of a male and a female and made you into nations and tribes, that you may know each other. Verily the most honored of you in the sight of God is he who is the most righteous of you." This message is addressing all of humanity, not just Muslims. We are all one family created by God in the same way. God is the One who made us look different from each other for a reason. These differences are not a bad thing, they are a gift from God ("And among His Signs is the creation of the heavens and the earth, and the difference of your languages and colors. Verily, in that are indeed signs for those who know." Quran 30:22) These differences should not cause a feeling of superiority of one group over another. The only differences that matter are on the individual level: a person's taqwa (being conscious of his Creator and therefore living/behaving accordingly) and good deeds, and these can only be judged by Allah. Examples from Prophet Muhammad's (SAW) life make it extremely clear that racism is un-Islamic. He married women of different tribes and ethnicities to eliminate racism and tribalism that was rampant at that time among the Arabs. We also know that three of the people closest to the Prophet (SAW) were of a different racial background: Zayd (his adopted son), Um Ayman (his second mother), and Bilal (the first muezzin). Zayd was a black slave who was later freed, and adopted by the Prophet (SAW) as his beloved son. He was announcing to the Arabs: do not place value on race and color. Zayd was not only loved by the Prophet (SAW), many times he was given the responsibility of commanding the Muslim troops. Zayd is the only sahaba mentioned by name in the Quran (33:37). Um Ayman, another black slave, was like a second mother to the Prophet (SAW). She was there when he was born and knew him until his death. She became his nursemaid after he returned to Mecca at age four, and was with him through every tragedy. Um Ayman was one of the few Muslims who the Prophet assured of a place in Paradise. Bilal was a black slave who became beloved by the Prophet (SAW). When Bilal was being tortured by his master so that he would renounce his faith, he repeated "He is One, He is One." Abu Bakr later paid for Bilal's freedom. The Prophet (SAW) appointed him the first muezzin of Medina, and Bilal was respected for the sincerity of his faith, his devotion, and the beauty and power of his voice.

*Continued on Page 33, Inshaa Allaah Ameen*

*Al-Qur'aan - Ch. 47 V. 24*  
"Will they not then ponder the Qur'aan or are there locks upon their hearts?"

*Hadith.* The Holy Prophet Muhammad (S.A.W) said, "He who is favoured by another and says to his benefactor: 'Jazak-Allah khairan (may Allah reward you well)' indeed praised (the benefactor) satisfactorily." (Tirmidhi)

*99 Names of Allaah-  
AL-WAJID  
The All-Perfect  
Words of Wisdom-*

"Cry. Forgive. Learn. Move on. Let your tears water the seeds of your future happiness."

"Love what you have. Need what you want. Accept what you receive. Give what you can. Always remember, what goes around, comes around."

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**Bio. of Founder:**

Al-Hamdulillaah- Shaikh Shafayat was born, in Trinidad, West Indies, where he attended college etc.. Due to his multi-faith and multi-cultural upbringing, he was awarded a scholarship to become a Christian Minister. In 1975 he went to India to study Islam and became the first student from the Caribbean and North America to have enrolled in Darul Uloom Deoband, which is the largest and oldest Islamic Institute in India. In addition to graduating as a Qaari and Islamic Scholar, he also did a course in Journalism and established the Al Hikmat Muslim Magazine. He has also produced many television and radio programs in Trinidad and Florida USA. In 1983 he founded the National Muslim Sports League of Trinidad and Tobago, which established the Islamic Home for Children. He is the Founder/Principal of Darul Uloom Institute in Pembroke Pines and the first Muslim to become President of the Interfaith Council of South Florida in the year 2002. He is the pioneer of many Christian / Muslim / Jewish Dialogues in Churches, Synagogues and Islamic Centers in the U.S.A. Shaikh Shafayat was the first Muslim to represent Islam at a Florida State Faith Summit, held at the Capitol Building with Gov. Jeb Bush in the year 2000. He is a recipient of the Silver Medallion Award from NCCJ (a national interfaith organization) and a recipient of the Peacemaker Award from St. Thomas University in Miami. For many years he has been lecturing on Islam and terrorism to college and university students plus to Pembroke Pines Police of South Florida and other Law Enforcement Officers. He lectures throughout the U.S.A. and worldwide on Interfaith Issues and Cultural Diversity.

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*Ameen*  
*Mashaa Allaah*

*Bismillah Hir Rahmanir Raheem*



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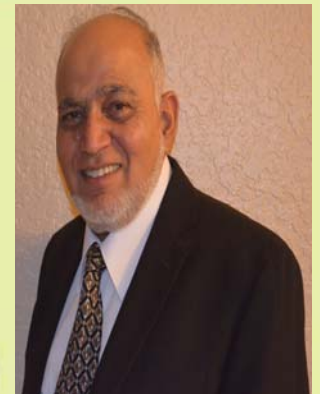
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Rabbi Jeffrey

**RABBI'S CORNER**

By: Rabbi Jeffrey Kurtz-Lendner / Temple Solel, Hollywood Florida

**STANDING TOGETHER**

When I worked in Louisiana I helped to establish the first ever conversation between Muslims and Jews in the community in which I lived. It took months to put this program together and when we launched it we received a lot of media attention. We received that media attention not because it was the first time that Jews and Muslims were formally meeting in our community. It was in the media because after months of planning that first meeting happened to take place three days after the war between Israel and Hezbollah began, in the summer of 2006. Some asked if it was wise and/or beneficial to meet during such tensions in the world. I said that it made such a meeting more important than ever. First of all, not one of us had any influence over the events taking place in the Middle East. Second, while we may have had differing opinions on the subject, our communities were not in conflict with each other. And finally, I declared that times of conflict demand that people come together above all, to build the foundations for communication during times of tranquility as well as during times of conflict. And now, during the latest round of what seems like never ending violence, there were several acts that were particularly heinous. The three teenage Israeli boys were children—and children cannot be responsible for the activities of the adults. Three innocent teenage boys murdered. And in response extremist Jews killed another innocent teenager, a Palestinian in Jerusalem. What a sad state of affairs when people in conflict start going after the most innocent victims—the children. The slight ray of hope in these events was that people across religious and national lines reached out to each other. *Continued on Page 30, Inshaa Allaah*



Dr. Ghous Muhammad

**ATTORNEY CORNER**

By: Justice © Dr. Ghous Muhammad / Karachi, Pakistan

**PERSONALITY  
of  
Prophet Muhammad  
(S.A.W)**

Therefore, God entrusted this job to the Holy Prophet (peace be upon him). “For you the life of Prophet has got model of behaviour.” This is why the Qur’an was revealed peacemeal The Qur’anic verses along with the circumstances under which those were revealed and the practice of the Prophet (peace be upon him) thereon, constitute a body of concrete cases. The Prophet (peace be upon him) led his life and organised his society under the Divine Guidance. And, thus, he succeeded in establishing behaviour patterns in every walk of human life, which are easily practicable and clearly communicable. In this context, Ralph bin ton, after analysing different societies of the past and the present, has drawn following significant inference: “The greatest difficulty which confronts a leader who seeks to develop a new society is that he has to start with persons who have already been trained to live in some other society. This training begins at birth, and by the time the individual is even half grown, he has acquired a mass of unconscious habits adapted to the society in which he has been reared.

*To be Continued in Nov. / Dec. 2014 Issue, Inshaa Allaah*

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**SISTER'S CORNER**

By: Sis. Sylmarie Mustapha / Coral Springs, Florida

**WE NEED TO CONTINUE**

“The month of Ramadan in which was revealed the Qur’an, a guidance for mankind and clear proofs for the guidance and the criterion (between right and wrong)”. *Quran, Al-Baqara, Chapter #2, Verse #185*

My dear friends, we have been truly blessed to once again witness and complete Ramadan 2014. For 29-30 days, it is indeed remarkable that we are able to put aside many material and worldly gains and devote ourselves to pleasing Allah (SWT) during the month of Ramadan. May Allah (SWT) accept all our ibadah and sacrifice and duas and all of our good deeds (ameen). Abdullah ibn ‘Amr reported that the Messenger of Allah (saw), said: “The fast and the Qur’an are two intercessors for the servant of Allah on the Day of Resurrection. The fast will say: ‘O Lord, I prevented him from his food and desires during the day. Let me intercede for him.’ The Qur’an will say: ‘I prevented him from sleeping at night. Let me intercede for him.’ And their intercession will be accepted.” [Imam Ahmad]. Allah (SWT) granted us this favor and opportunity (of fasting) for many reasons, one of which is that we may purify and try to improve ourselves spiritually and to gain taqwa or God consciousness. Now that this blessed month is over, and we have hopefully recharged our iman and taqwa (Insha Allah); I remind myself and you that we **now** need to **continue** to implement these good actions and sacrifices into our daily lives. During this blessed month we were all very conscientious about our duties towards Allah (SWT).

*Continued on Page 29, Inshaa Allaah*

**CONGRATULATION CORNER**

Submitted by: Salma Moham.ed

**Congratulations to Ahmad & Aatika**

Ahmad and Aatika from Coral Springs, Florida were recently married on Saturday August 30th 2014. The Nikaah ceremony was held at Nur-Ul-Islam Banquet Hall, Cooper City, Florida USA. May Allaah (S.A.W) bless them with a prosperous married life, Inshaa Allaah Ameen.



Ahmad & Aatika

**Congratulations to Shameed & Sabrina Hosein**



Shameed & Sabrina

Shameed and Sabrina from Pembroke Pines, Florida were recently married on Sunday August 31st 2014. The wedding ceremony was held at the Double Tree Hotel, Deerfield Beach Florida USA. May Allaah (S.A.W) bless them with a prosperous married life, Inshaa Allaah Ameen.

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**FEAR OF ALLAAH & SIMPLICITY**

*Submitted by: Bro. Farooq Shafi / Sunrise, Fl. U.S.A  
(Translated from Noor e Baseerat)*

Hassan Basri (RA) relates that once he happened to be in the Grand Mosque of Basra (Iraq) and saw a gathering of some of the companions of the Holy Prophet (SAW). They were discussing the piety and other characteristics of Abu Bakr (RA) and Umar (RA). One of the companions, Ahnaf Bin Qais Tamimi (RA) stated that Umar (RA) sent us to Iraq with a delegation. Allaah (SWT) Blessed us with various victories in Iraq and Persia. We got a hold of some fine white clothing from Persia and starting wearing them. After a successful mission, we went back to Madina and paid a visit to Khalifa Umar (RA). He looked at us, then turned his face away and did not speak with us. The other companions of the Holy Prophet (SAW) with us were very astounded by this behavior. We then paid a visit to his son Abdullah Ibn Umar (RA) and told him about this hurtful incident. Abdullah Ibn Umar (RA) advised them that Ameer ul Mo'mineen Umar (RA) was upset with them because they wore such clothing that was never worn by the Holy Prophet (SAW) and Abu Bakr (RA). He does not like to deviate from the followings of these two extraordinary personalities. As soon we heard this, we went back to our homes, took the fine Persian clothing off and wore the simple daily clothing we were used to. We went back to visit with Sayyadna Umar (RA). He stood up, shook hands with each of us with warmth and said Assalaam o Alakium to each of us. He met us with such warmth like he has never met us before. We presented him the gifts we brought with us and he at once distributed them all among us.

*Continued on Page 34, Inshaa Allaah Ameen*

**BEING LIKE A TRAVELER  
IN THIS WORLD**

*By: Dr. Harun Yahya / Ankara, Turkey  
Submitted by: Sis. Ebru / Turkey*



Time passes very fast and it speeds up all the time. Some people are aware of that speed and try to make the best use of their time, while others behave as if there were no problems. Which group do you belong to? Are you one of those who spend hours in front of the TV, speak empty words, act lethargically and watch soap operas and films rather than helping others, improving themselves or

even sometimes doing the cleaning? Are you one of those who 'kill time,' in other words? Or are you one of those who know that time is precious and that time lost can never be recovered and is therefore careful to use every minute and even every second in ways that will be beneficial to all? We need to remember one point here; some people make good use of their time, but do so for this world. They sleep less and avoid idle talk, but only in order to make better use of this world. Believers, on the other hand, take the life of the Hereafter as their yardstick and act in the knowledge of the value of their lives in this world. This difference of intention is exceedingly important, yet there is a grave danger also facing believers. Work or school life and family relations of course occupy everyone's time; we all have to set time aside for such basic needs as eating, cleaning, sleeping or resting. The important thing in doing so, however, is to remain aware and never forget that time lost can never be recovered.

*Continued on Page 25, Inshaa Allaah Ameen*





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**AL-HIKMAT DA'WAH UPDATE**

By: *Salma Mohammed*

**Congratulations to Oniel McDonald**



*Bro. Oniel*

Al-Hamdulillaah-Bro. Oniel recently returned from Guyana Islamic Institute after studying an Imaam Course for two years. Al-Hikmat was influential in sending him to study. Maashaa Allaah!

**ICNA HEADQUARTERS  
NEW YORK, USA**



**From left:** Dr. Khurshid Khan (former ICNA President) Shaikh Shafayat & Bro. Ahmed Sidique

**BLACK & WHITE  
(Dialogue Event)**



*Photo from left: Shaikh Shafayat, Imam Shuaib Webb and Bro. Hanif J. Williams*

On Saturday August 16th, 2014 an open dialogue event "Black & White" was held at Darul Uloom Institute, Florida U.S.A. The guest speakers were Imam Shuaib Webb, Bro. Hanif Williams, Imam Ibrahim Rahim and Shaikh Shafayat. The event was a great success with an audience of over 300, coordinated by Bro. Basit Hasan.



**Shaikh Shafayat delivering the Khutbah at the Muslim Community of West Palm Beach, Florida USA.**

On September 26th, 2014 Shaikh Shafayat delivered the Jumua Khutba at ICNA Headquarters in Jamaica, New York. Bro. Fahad Mirza accompanied the Shaikh on this Da'wah trip to New York. After Jumua, the Shaikh and Bro. Fahad were taken for lunch by Dr. Korshid and Bro. Sidique. On September 5th, 2014 Shaikh Shafayat also delivered the Jumua Khutba at Sunnatul-Jamaat, Queens New York and on September 12th, 2014 he also delivered the Khutbah at the Muslim Community of West Palm Beach, Florida USA



*ICNA Headquarters New York, USA*



*Photo Above: Sunnatul Jamaat Masjid, New York*

**RAISING  
CHILDREN**

By: *Sis. Kiran Pembroke Pines FL.*



*Kiran Khan Paracha*

When we are raising our children, we either tend to be very strict or

too lenient. Those of us who want to take the easy way out would give in to child's wishes, while those who feel kids must be disciplined can go overboard thus hurting them emotionally and psychologically. There is a middle path that must be adopted, keeping in view the fact that Prophet Mohammad (SWW) preferred and advocated the middle path in everything we did. In connection with our Islamic teachings and behavior, Prophet Mohammad (SWW) was found saying, "Never be extreme regarding religion. Many nations have been destroyed before you only because of extremism in religion," (*Nisaai; Ibn Majah*). And in the matters of emotions, he clearly said, "Do not love your friend excessively; he may one day become your enemy. Do not hate your enemy excessively; he may one day become your friend." (*At-Tirmidhi; Bayhaqi*) Islam thus makes it absolutely mandatory on us to stay on the middle path which is neither extremely gentle not excessively harsh. In raising our children, the same principle applies. We cannot be too lenient for they might turn into tyrants using their loud voices and excessive crying to emotionally blackmail us and neither can we become too harsh for it can break their beautiful and fragile souls. Children need love and that must always be the bottom line of our interaction with them. It is how this bottom-line is applied that makes all the difference. A child who is crying excessively for attention may just need that i.e. attention. Do not give him candies and soda to make him stop crying.

*Continued on Page 30,  
Inshaa Allaah*

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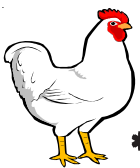
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# THE MUSLIM MARRIAGE CRISIS

Written by Hena Zuberi / Submitted by Bro. Taj Siddique, Florida USA (This is an edited version of the original article)



Bro. Taj Siddique

A major part of creating a beloved community is the creation of a family but a Muslim marriage crisis is at our doorstep. Men and women who really want to get married often face a myriad of issues in finding a good match. The issues are as diverse as the American Muslim community scattered all over the country. Meeting venues and forums are few and this seems to be one major deterrent to suitable marriages. There is an extraordinary number of very educated women in their thirties and above who have not found a spouse. As intelligent, educated, single women venture to find men to set the cornerstone for a family, they cannot find suitable matches. Women in their late 20s and early 30s, urged to be educated all their lives, settle into their careers or studies, suddenly become less desirable mates to some men. At any Muslim marriage event, there are more females attendees

than males. The ISNA marriage banquet sold out for the women's section weeks in advance, while men strolled in at the last minute. Al Rahmah Marriage Bureau in Baltimore has two women for every man in its database. Muslim community leaders are taking notice and some are calling it an epidemic. We are modeling for our community the lack of marriages, single families and broken homes, that good practicing sisters may never get married. So, if you are a young girl looking at the life of a mu'min versus the life of the dominant culture, the dominant culture may seem more alluring and look to have more opportunities than the mu'min life. We should not be surprised if we continue on this path that in another generation we end up with a community who is either not getting married or having more sisters marrying outside their faith and children who become adults who think that having children on their own is the ideal instead of in a two-parent home. A lot of men fear rejection and get intimidated. In the meanwhile, women wait for proposals and decide to pursue

further education while they are waiting. This, in turn, intimidates men more and they think the women are too overqualified or will not make good 'Muslim' wives for them and eventually get married to someone from overseas. Many immigrant parents tend to disregard the fact that their children are raised in the West, and will, ultimately have some elements of their personality influenced by the West. The evolving identity of Muslims in this country further contributes to the marriage crisis. Parents seem to have the idea – similar to some other Muslims in Western countries – that a spouse from their country would be better. Better for whom? Better for me or better for them? Is this preference due to the fact that they feel culture, ethnicity, and religion would be better preserved this way? It is a constant struggle with temptations for this outspoken 22-year-old electrical engineer who lives at home and supports his parents.

*Continued on Page 34,  
Inshaa Allaah*




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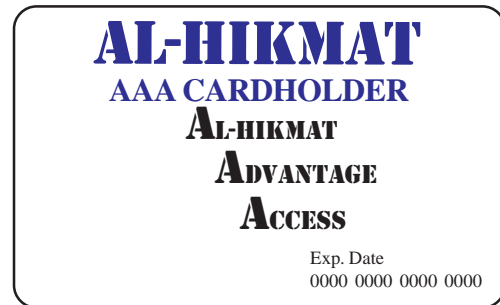
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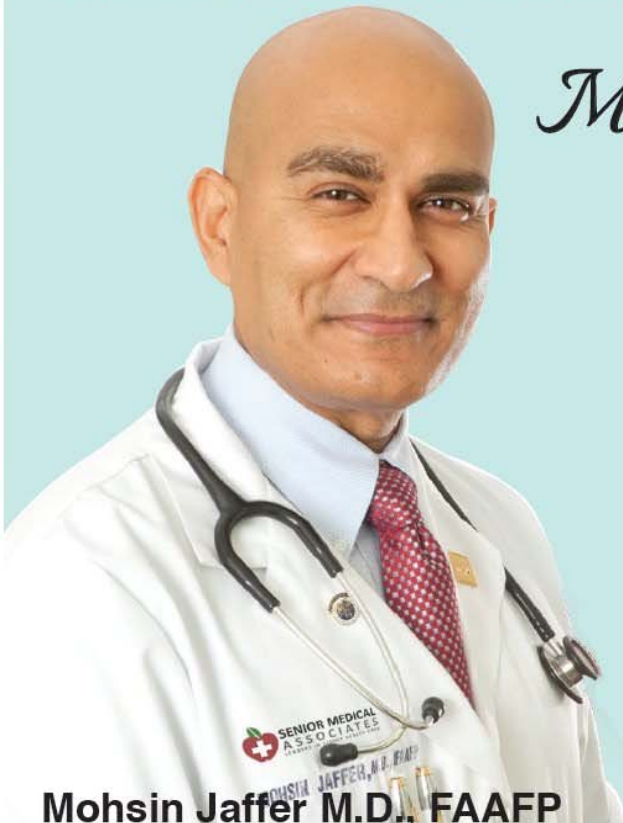
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By Rev. Thomas Graf  
Professor at BC College Florida U.S.A.

As I write this article I am keenly aware that my Islamic brothers and sisters have just finished their glorious celebration of Ramadan. That special time commemorating Prophet Mohammad's (PBUH) miraculous reception of that divine word of the Koran. I am also keenly aware of our church's celebration of the remembrance of Jesus' (PBUH) miraculous "Multiplication of the Fishes and Loaves." This bible story found in each of the Gospels of the New Testament has received various "interpretations." While our Christian faith attributes numerous miraculous acts performed by Jesus, (PBUH) I have often reflected on perhaps what might have been the true meaning of this "Multiplication of the Loaves and Fishes." This is the only miracle story (Along

with the Resurrection) that appears in all four Gospels of the New Testament. As such, most scholars would advise that something apparently did occur. However, what exactly? We know that many people were present during Jesus' (PBUH) preaching that day. Most accounts put the number somewhere around, or above 5,000. We also know that most of those listeners had traveled a far distance—as they were pilgrims in Jerusalem for one of the major Pilgrimage Feasts. In the Gospel of Mathew, Jesus' (PBUH) disciples advise that they tell the people to "go home." However, to where? It would seem that this advice was to the "locals" who had been listening to Jesus' (PBUH) preaching. They most likely would have come without any food in hand. However, those "on pilgrimage" would have certainly been prepared for that long journey, and would have stored food for themselves and their loved ones. One interpretation of this miracle story is that Jesus (PBUH) looked out upon the crowd (Many of whom were hoarding their provisions.) and his gentle, loving glance caused hearts to turn to compassion and they began to share their stored food with those around them. So much sharing occurred, that all Gospels report a surplus of food that remained after all the multitudes were fed. I truly believe that this interpretation bespeaks a more GLORIOUS miracle than if Jesus (PBUH) had just multiplied the loaves and fishes himself. Is it not a grander miracle that humanity reaches out from its surplus/abundance and shares with those in true need? Our Episcopal church is asking that we dedicate the weekend of August 17th to creating a deeper awareness of the plight of those "Innocent Children" coming over our borders here in the United States. While we have to strive as a nation to understand and resolve this situation, we must realize that the needs of these children are paramount. We need to look upon these "little ones" with the eyes of our God. What would God desire that our action be in response to their needs.

*Continued on Page 25, Inshaa Allaah*

## HUMOR

### IMAAM & TAXI DRIVER

A New York Imaam that died and went to Jannat / Heaven, he noticed that a New York taxi driver had been awarded a higher place than he. I don't understand, he complained to the angel. I devoted my entire life to my jamaat/ congregation. Our policy here in Jannat / Heaven is to reward results, explained the angel. Now, was your jamaat / congregation attentive whenever you gave a Khutbah / Friday sermon. Well, the Imaam had to admit, some in the congregation fell asleep from time to time. Exactly, said the angel - but when people rode in this man's taxi, they not only **STAYED AWAKE** - but they **PRAYEDNON-STOP**.

## HEALTH

### SECRETS TO BETTER SLEEP

*Try these foods for better sleeping*

*Cherry juice, milk and almonds, among other foods, help to promote sleep, a new book says.*



Dr. Mohsin Jaffer

Do you jump out of bed ready to start the day or are you making deals with the alarm clock for five more minutes? Negotiating for more morning slumber could mean a lack of nighttime restorative sleep. As we get older, sleep can become more elusive. The National Institute of Health says aging may cause some to have a hard time falling asleep and that you awaken more often, so less time spent in a deep, dreamless sleep. It is well established that sleep deprivation disrupts the body's hormonal balance in a way that can contribute to overeating. Increased inflammation and inattentiveness are two other negative consequences of poor sleep quality. The short sleepers got less than six hours of sleep, the standard sleepers slept for seven to eight hours and the long sleepers were snoozing for more than nine hours a night. Short and very short sleep was associated with less water intake, less lycopene found in red and orange foods, and less selenium (found in nuts and shellfish). Short sleepers consumed more calories than normal and long sleepers. Short and long sleepers have less variety of foods in their diet when compared to standard sleepers. This is intriguing info but it cannot be concluded that adding more variety of fruit and veggies as well as water, which are positive nutrition changes, will improve sleep. What can you do? A little research never hurt. Here are Grotto's suggestions about what you can eat that promotes better sleep, as supported by research.

**TART CHERRY JUICE** - Research suggests this fruits is one of the top foods that may be beneficial in improving sleep quality and duration, due to its high melatonin content. In particular, one study found that healthy adults experienced improved sleep time and a 5 to 6 percent increase in overall sleep efficiency after drinking two servings of tart cherry juice for a week.

*Continued on Page 26, Inshaa Allaah*

# VOICE OF OUR READERS / LETTERS

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## PLEASE send me AL-HIKMAT

Assalaamu Alaikum Respected Brothers in Islam,  
 Praise and Thanks be to Allaah (S.W.T). I am a new Muslim. I accepted Islam two weeks ago. I am seeking to grasp a better understanding of Islam and would like to know if you could assist me pertaining to this matter- if so I would like to know if you could send me a Arabic Holy Qur'aan with translation/transliteration and commentary. Also, I am trying to learn Arabic, so anything that you could send me, would definitely be appreciated. Thank you in advance. I heard about your magazine through a brother, and I would like to receive my own subscription. I will be here for five more years and I want to spend time getting closer to Allaah. I hope that Al-Hikmat Magazine will be able to assist, Inshaa Allaah.

*Respectfully, Roman Carrillo  
 Iowa Park, Texas U.S.A*

### E-MAIL FEEDBACK

#### Florida International University

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 First Symposium

Dear Shaikh Shafayat Mohamed,

It was nice to meet you at the symposium at FIU. I was impressed to see your website. I hope you continue to gain exposure and credibility in the Muslim community in your efforts to spread the message of tolerance and non-violence. I trust that our paths will cross again.

*Rabbi M. Tom Heyn  
 Temple Israel of Greater Miami*

The inmates at the Monroe County Detention Center and I want to thank you for your support of our chaplaincy program. We really appreciate the magazines and materials you have sent us to distribute to Muslim inmates and detainees. At present we are almost out of Qurans. If you could sent us some, in English as well as Spanish language versions, and a few that included Arabic, it would fill a need we have to keep believers supplied with what they need to follow their faith. Any other Islamic materials would be appreciated. Thank you again for your generous support.

*The Rev. Chris Todd (Chaplain) / Key West, Florida*

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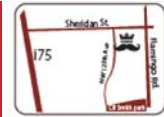
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**Present view of Al-Amin Center  
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**COMMUNITY UPDATE** By: Salma Mohammed

Continued from Page 11

**Trinidad & Tobago Republic Day Celebration**

**BEING LIKE A TRAVELER  
IN THIS WORLD**

By: Bro. Harun Yahya / Ankara, Turkey

There is no such thing as ‘another time’ for believers - Although believers know that the Hereafter exists and behave accordingly, they mistakenly divide their lives into ‘time for worship’ and ‘other times,’ so much so that they only remember the temporary nature of this world and the existence of the Hereafter at times of worship. At all other times they may be caught up in this world and spend their ‘time’ on wasteful pursuits and thoughts. Yet once we subtract the seven or eight hours we sleep every day, we are left with the considerable period of sixteen or seventeen hours a day.

**Let us look at where and how this valuable time is wasted** - Time wasted on pointless thoughts. The main thing that people waste their time on are empty thoughts that never get one anywhere but that occupy one throughout the course of the day. These include preparing plans and defenses against a situation one thinks will be against one’s interests or calculating whether the talk and jokes going on around one will damage one’s career prospects. One can cite many more such examples depending on the place and the circumstances but the outcome is always the same. None of them are of the slightest use. One the contrary, they are a total waste of time.

**Time wasted on ‘if only’** - Something else that people waste time on is regrets they devote much of their lives to and ideas consisting of ‘if only.’ People who fail to fully comprehend that everything is under the control of Almighty God ignore the perfection of destiny in the face of unwelcome events and they may spend hours every day on thoughts filed with regrets. Yet everything that happens to them does so within a destiny ordained by God, Whose knowledge enfolds all things. There is no way to alter these events by saying, ‘if only.’

**Time wasted on empty talk** - A significant part of time wasted is spent on empty talk.

Continued on Page 34, Inshaa Allaah



From right: Trinidad Consul General Dr. Anil Ramnanan and Prime Minister Hon. Kamla Persad-Bissessar (Left)



Trinidad and Tobago Consulate (Miami) celebrated the Republic Day of Trinidad & Tobago at Signature Grand in South Florida USA. The event was held on Monday September 29th, 2014. The Prime Minister, Hon. Kamla Bisessar was the special guest at the event. Shaikh Shafayat was invited by the Consul General, Dr. Anil Ramnanan to represent the Muslim Community to do an Opening Prayer and greetings. MAASHAA ALLAAH! The Prime Minister took photos with guests and family members after the event.

**INTERNATIONAL**

**Senior Leadership Symposium  
“Religion Matters”**

Colonel Michael T. Lembke invited Shaikh Shafayat to represent the Muslim Community at the “Partner Nation Chaplain Senior Leadership Symposium “Religion Matters.” The event was held at USSOUTHCOM’S Conference Center of the Americas, Doral Florida



Col. Michael T. Lembke



From left: Sis. Gail Hosein, Prime Minister Hon. Kamla Persad-Bissessar and Bro. Abzal Hosein

USA, on Sept. 9-10th, 2014. The symposium was consisted with a forum for collaboration and executive-level discussion on multi-national, whole-of-government capabilities and activities of and how “Religion Matters” in the Americas, bringing together International Key Religious Leaders and Subject Matter Experts in numerous areas.○

Continued from Page 21

By: Rev. Thomas Graf

**Miracles of Prophet Jesus (A.S)**

The Jewish Prophets over and over again called the Israelites to care for the poor and the orphaned, Prophet Mohammad (PBUH) was always such a staunch advocate for the needs of the children, Jesus (PBUH) when he initiated his ministry in Jerusalem, read from the Torah and announced that his mission was to set the captives free and be a voice for the poor and the oppressed.

Can our response be any less? If we can but begin to see the world through the eyes of such great messengers of God such as the Prophets, Mohammad(PBUH) and Jesus, (PBUH) we may begin to witness some outstanding Miracles all around us...but perhaps such miracles can only occur if our hearts are open to see and respond with compassion and love.○

Continued from Page 25

By: Dr. Harun Yahya / Ankara, Turkey

Continued from Page 21

**BEING LIKE A TRAVELER IN THIS WORLD**

Examples of this include gossiping, mocking other people, spending hours talking about food recipes, fashion or soaps, or unending discussions about football. Other examples include negative analyses of politics, national or global, even though one never gets involved oneself, the sole aim essentially being to have an argument. As revealed by Almighty God in the words, "...Remembrance of God is greater still ..." (Surah al-'Ankabut, 45), the most auspicious talk for attaining the Hereafter is talk of God. All talk other than that intended to earn God's approval, mercy and Paradise is foolish and hollow, and will therefore represent a waste of time. The way that believers should behave when empty talk is going on is described thus in the Qur'an: "When they hear worthless talk they turn away from it ..." (Surah al-Qasas, 55) **Time wasted thinking one has a lot of time** - Another point that generally misleads people is the way that they put off worship and other virtuous deeds by thinking, "I am young, and I have plenty of time for worship later." Since these people regard death as something far-off and remote, they see no harm in spending their days in pointless and empty ac-

tivities. Examples include people who spend hours online for no purpose, who spend more time on domestic chores and sports than they need to, who sleep more than the seven or eight hours a day the body needs, who read the same news stories over and over again in newspapers and magazines, who waste hours watching TV and who literally lose themselves while shopping. Some people regard going on holiday or the weekends as an opportunity to do nothing and think about nothing: In fact, it is much better to engage in good works in the place one goes to on holiday and to think about the signs of God's creation that can be seen there. **Let us be like someone traveling through this world** - It is very important to know the value of time because someone who wastes that time will never think properly and will be unable to properly appreciate death, Paradise and Hell. Yet everyone is invariably heading toward death; believers know this and act in the knowledge that everything in the world is created as a test. They reflect on their own weaknesses that God shows them during the day and turn to matters that will draw them closer to Him.

Continued on Page 34, Inshaa Allaah

**SECRETS TO BETTER SLEEP**

By: Dr. Mohsin Jaffer

**CHICKEN** - This food rules the roost when it comes to typtophan content. Tryptophan helps reduce serotonin, which in turn makes us feel more relaxed and sleepy.

**SALMON** - This excellent source of omega-3 fatty acids can help bolster proper levels of melatonin and its function.

**PUMPKIN SEEDS** - Rich in magnesium and tryptophan- low magnesium levels can disrupt a good night's sleep.

**LETTUCE** - The natural oil that occurs in this food has been used in folk medicine as an aid to relaxation and inducing sleep.

**MILK** - The folk remedy of a warm glass of milk still rings true. its nutrients, specifically calcium and tryptophan, are known to induce sleep.

**WALNUTS** - A number of nutrients, including folate, melatonin, omega-3 fats and vitamin E are packed into these nuts, all of which support a relaxed and healthy nervous system. Try mixing a handful of walnuts and dried cherries for a bedtime snack. Grotto also mentions a few things that may be preventing you from catching the Z's you so desperately want and need.

Continued on Page 30, Inshaa Allaah

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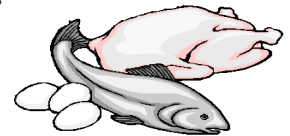
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*Continued from Page 8*

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**DR. ZULFIQAR ALI SHAH**

Dr. Zulfiqar Ali Shah is the Executive Director of the Fiqh Council of North America and Director Religious Affairs of the Islamic Society of Milwaukee. He received his Ph. D. (Theology and Religious Studies) from the University of Wales, U. K., obtained his M.A. (Hons), (Islamic Studies: Usuluddin with specialization in Comparative Religions) from the International Islamic University, Islamabad, Pakistan and B. A. (Hons), (Islamic Studies: Usuluddin) from the same university. He is Hafiz of the International Islamic University Islamabad, University of



*Dr. Zulfiqar Ali Shah*

Wales, University of Northeast Florida and St. Thomas University. He is the former president of the Sharia' Scholars Association of North America (SSANA) and Islamic Circle of North America

(ICNA). He has authored many scholarly articles and several books on a variety of subjects. His books include the "Astronomical Calculations and Ramadan: A Fiqhi Discourse" and "A Study of Anthropomorphism and Transcendence in the Bible and Qur'an: Scripture & God in the Judeo-Christian & Islamic Tradition". His areas of interests are Comparative Religions, Tafseer, Islamic Theology, Islamic Philosophy, Comparative Fiqh, Islamic History and Islamic Civilization.

**WE NEED TO CONTINUE**

We not only abstained from food, but from worldly and materialistic distractions, we made extra salat, we made extra effort to read more Quran, to listen to more recitation of the Quran, we were mindful to be more patient, to be more welcoming and inclusive, we showed more kindness and tolerance with each other, we were more charitable, we were mindful to be more truthful, honest and respectful of each other. All these good deeds we performed are indeed all part of Allah's (SWT) plan to build our character, to purify us from our weaknesses and shortcomings, to motivate us to continue to practice these good habits on an ongoing basis; thereby creating more opportunity to earn Allah's (SWT) blessing, mercy and forgiveness and to strengthen our connection with Him. Now the challenge for us is to continue to implement and practice these blessed virtues on a consistent basis in our daily lives.

*Continued on Page 34, Inshaa Allaah*

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The Council on American-Islamic Relations (CAIR) is a federation of legally independent, governed and managed chapters across the country that work together to defend the Civil Liberties of Americans. CAIR National is the founding organization and has its own Board of Directors, as do each of the chapters across the country. All of the CAIR chapters board members, employees and volunteers represent the diversity of the American Muslim community. The Council on American-Islamic Relations Florida, Inc. (CAIR Florida, Inc.), a 501(c)3 non-profit organization, was established in 2001 to challenge stereotypes of Islam and Muslims and defend civil liberties. CAIR Florida Inc, has two offices, the central Florida office is in Tampa, and the South-Florida office is located in Pembroke Pines. The vast majority of CAIR Florida's work deals with civil rights and anti-defamation. CAIR Florida has consistently won praise from elected officials and the media for its tenacious efforts to combat both discrimination against Muslims and Islamophobia. CAIR Florida's vision is to be a leading advocate for justice and mutual understanding. CAIR Florida's mission is to enhance understanding of Islam, encourage dialogue, protect civil liberties, empower American Muslims, and build coalitions that promote justice and mutual understanding.

*Continued from Page 26*

### SECRETS TO BETTER SLEEP

*By: Dr. Mohsin Jaffer*

**STAYING UP LATE BECAUSE YOU WANT TO** - Skipping out on sleep can cause you to eat more and feel hungrier, and decreases satiety cues.

**EATING LARGE** - Eating a big meal after not sleeping well can increase grogginess.

**BEING OVERWEIGHT** - A randomized study found those who cut calories and lost weight had vast improvements in obstructive sleep apnea.

**COUCH POTATO** - A simple walking routine may be enough to bolster better sleep by better management of weight and producing more of the sleep-promoting hormone serotonin

*Continued from Page 12*

## RAISING CHILDREN

*By: Sis. Kiran / Pembroke Pines FL.*

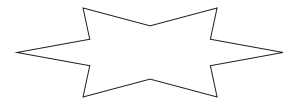
This would only send the wrong message that every time he wants candies, he can start crying uncontrollably. Similarly when he has been using iPad for too long, do not yell to stop. Give him clear directions before he picks up the iPad like setting a time limit and then firmly refuse to give him "five more minutes". It takes more than one time to nail this kind of new behavior but once the child knows his mother is serious about time limits and other rules, he or she is likely to obey. Having said that, remember a child will and should be allowed to be a child every now and then. He is likely to engage in undesirable behavior after a long day at school. Allow him that time to vent his frustration, to communicate the fact that he is very tired, and to generally relax after a long day of following rules and regulations. If you cannot be at your best behavior at all times, then be fair and just and let him misbehave now and then too especially if he is really tired, frustrated, sad or just doesn't want to follow yet another rule. You can either turn him into an amazing person or otherwise depending on how you interact with him. Remember just like yourself, your child is fighting many battles in his day. He goes to school where he is expected to perform at certain standard, he has to learn new social skills to make friends, he has to be part of various teams, and more. Do not turn his home into yet another battleground for him. Keep your rules simple and easy to comprehend and follow. Kids do not mind rules and actually enjoy freedom within certain boundaries. But rules must make sense and sound fair. Let him understand that home is neither a prince's castle nor an outlaw's prison. Let home be a place where he finds love and acceptance and gets a chance to develop as a well-balanced and well-rounded young person.

*Continued from Page 7*

## STANDING TOGETHER

*By: Rabbi Jeffrey Kurtz-Lendner*

Muslim Arabs from the town of Hebron visited the grieving Israeli family for a bereavement call to their home, offering their condolences for the loss of their children. And the Israeli and Palestinian families of the murdered children reached out to each other to share grief and console each other—parent to parent, family to family. The holy acts of these people were, in effect, a declaration that these children did not die in vain. Rather, this tragedy, with the help of God, could be transformed into an opportunity to bring people together. It is indeed time, in my opinion, for the blaming to stop. It no longer matters who was there first, who was more right, who was more wrong, who was the biggest victim, who was the biggest villain. Those discussions can be debated forever without resolution while children continue to die. It's time to find a way to move beyond that past and instead build towards a future of peace and prosperity. If we never move past anger and blame then violence will only continue without end. One of the discussions I have seen yet again during conflict is a discussion of "us" versus "them." Well, there IS an "us" versus "them." And there is one side that is completely right and the other side is completely wrong. The "us," however, is not defined by religion or nationality. It's defined by those of us seeking peace and well-being for everyone, consolation to those in grief and outrage over the murder of children. The "them" refers to those extremists who continue to kill children, continue to injure innocent people and continue to wish harm on others. Let us work together to help redefine "us" and "them" so that those of "us" who deplore violence and are disgusted with the murder of children can challenge and defeat the extremists who continue to kill out of hatred, vengeance and ideology. And this way we can be partners in eradicating the temptations of Satan, "Shaytan," the "devil" and instead bring the light of God, of Allah, of Adonai to all the people of the earth.



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**QUESTION & ANSWER CORNER**

By Shaikh Shafayat Mohamed

**AVOIDING EVIL FRIENDS****Question:** What kind of friends should one have?

**Answer:** Having the right friends can help one to keep steadfast in piety and uprightness on the path of truth. Keeping the company of good people and avoiding evil company is important, for man, by his nature, gets influenced by his friends and companions and adopts their characters and manners. Also, man's character is known through his company and friends as pointed out by the Prophet when he said, Man is on the religion of his friend, so let every one of you examine whom he befriends. (Abu Dawood and others) Abdullah ibn Masood said, Nothing tells about anything more than a man tells about his companions. Some wise men say, People think of a man what they think of his companions. There is no wonder then that Islam shows great concern on the matter of companionship and friendship so much so that the Prophet directed every individual of the Muslim community to select only righteous and pious people as friends and companions. The example of the good and evil companions is like a bearer of musk and a person blowing a pair of bellows. As for the musk bearer, he either gives you some, or you buy from him or at least you get a pleasant smell from him. As for the bellows blower he either gets your clothes burnt or you get an unpleasant smell from him. (AlBukharee and Muslim) AlHaafiz ibn Hajar, while commenting on this hadeeth said, There is in this hadeeth prohibition of keeping the company of those who can harm one in religious and worldly matters; and an encouragement for keeping the company of those who can benefit one in these matters. It is then wise and logical that man should only keep the company of those who benefit him in matters of his religion and life, for the best companion is the one who is pious, righteous, possesses noble conduct and manners, has a clear conscience and is ambitious; these characteristics then being completed if he is also learned in the sciences, arts and Islamic Jurisprudence and possesses wisdom. All friendships shall end in enmity and hatred sooner or later except a friendship that is between pious and righteous people, for it is everlasting in this world and the hereafter. Therefore fear Allah and be dutiful to Him, follow the way of rightly guided people and the pious ones by making friends with only good men and avoiding the sinful and wrongdoers. Allah says, **Friends on that Day (the Day of Judgment) will be foes except Al-Muttaqoon (the pious).** (Az-Zukhruf 43: 67)

*(By request, the names of the questioners are not published)*

Answers Online by: Shaikh Shafayat Mohamed - [WWW.ALLEXPERTS.COM](http://WWW.ALLEXPERTS.COM)  
(Go to Religion/Spirituality, then go to Islam, then Click on: [Islamic Scholar](#)).

You can also send Questions to [alhikmat@hotmail.com](mailto:alhikmat@hotmail.com).

Your Questions will be answered in the order they were received.

Continued from Page 4

## RACISM IS UN-ISLAMIC

By Sis. Karen Shah

And just in case we still don't understand that racism is wrong by studying the Prophet's actions, and reading God's words in the Holy Quran, let's remind ourselves of the Prophet's final sermon before he died: "O people, Remember that your Lord is One. An Arab has no superiority over a non-Arab nor a non-Arab has any superiority over an Arab; also a black has no superiority over white, nor a white any superiority over black, except by piety and good action. Indeed the best among you is the one with the best character. Listen to me. Did I convey this to you properly? (People responded, Yes, O messenger of God.) Then each one of you who is here must convey this to everyone not present." In conclusion, do not let Satan influence you to think you are superior over another person. In Quran 7:12, Satan said "I am better than he (man, Adam.) I am made from fire, and Adam is made from earth/clay." Let's not be like Satan. The Prophet (SAW) is our best example of how to live. He demonstrated his love for everyone, regardless of race, nationality or status. Let's do the same. ●

## PROPHET IBRAHIM'S ATTEMPTED SACRIFICE

Written By:  
Br. Hamzad  
ASJA Primary  
Teacher

Trinidad W.I.  
TEACHER OF  
THE YEAR  
2013 - 2014



Br. Hamzad

A Messenger, a soldier,  
Par excellence a teacher,  
Exemplar of high esteem,  
Ibrahim, Ibrahim, Ibrahim.

"I'm the kind 'Khalelullah'.  
I'm the 'Friend of Allah'.  
Both in Qur'an and Bible,  
I'm simple and humble.

Ya Allah! End my suffering!  
Please give me an offspring!  
My heart is in deep pain  
So let not my calls go in vain."

Alhamdulillah! Calls heeded,  
As Ibrahim was rewarded.  
To him came a sweet son,  
What a miracle under the sun!  
Alas came the true test,

To sacrifice that loved best.  
Imagine you in that position!  
What would be your emotion?

But Ibrahim had Imaan,  
Had love for Al Qur'aan.  
So to Allah, he did submit,  
Giving Ishmael, a son fully fit.

Passed knife on the throat,  
Meh! Meh! Instead a goat.  
"Stop! Stop! Have fulfilled.  
In Jannah you'll be thrilled."

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Continued from page 29

## WE NEED TO CONTINUE

By: Sis. Sylmerie

Human nature alone is such that we will tend to go back to our pre-Ramadan routine and habits. But we should try to remember the sacrifice that we made during this month, the willpower, self-control, self-discipline and determination that we garnered during this short period, for the pleasure of Allah. It is indeed a win-win occasion for us because, most importantly, we make all this effort for the pleasure of Allah, we improve our relationship and devotion to Allah (SWT) and we reset our priorities to **now** do more good actions which improves our overall character. As a result of our self-improvement, we get much closer to Allah (SWT) and become a better follower of Prophet Muhammad (pbuh). We additionally, gain respect from our friends, bosses, colleagues and society in general. So, let us try our best to incorporate some or all of the good deeds we performed in Ramadan into our daily lives, and not lose this "grace period" that we have been given. We have no guarantees as to who's fasts and other forms of worship were accepted by Allah (SWT), but if we continue to show Allah (SWT) that we are grateful for this purification period by maintaining our good actions and sacrifices, He may accept our ibadah in Ramadan and continue to reward us with His infinite bounties (Insha Allah). "So bear patiently what they say, and glorify the praises of your Rabb before the rising of the sun and before its setting, and during some hours of the night, and at the end of the day, that you may become pleased with the reward Allah (SWT) shall give you. And strain not your eyes in longing for the things We have given for enjoyment to various groups of them, the splendor of the life of this world, that We may test them thereby. But the provision of your Rabb is better and more lasting. And enjoy the prayer on your family and be patient in offering them. We ask not of you a provision; We provide for you. And the end is good for the Muttaqoon. Quran Surah 20, 130:132

*"Among the most beloved of deeds to Allah is the one that is continuous, even if it is little".*

Continued from page 26

## BEING LIKE A TRAVELER IN THIS WORLD

In one hadith our Prophet (pbuh) says this of the importance of our time in this world: Ibn Umar relates: "The Messenger of God (pbuh) took my shoulder and said, 'Be like a stranger or traveler in this world.' Ibn Umar said. 'Do not wait for morning when it is evening, and do not wait for evening when it is morning. Be prepared for sickness when you are healthy. And be prepared for death while you are alive'." (Bukhari, Rikak 2; Tirmidh., Zuhd 25 (2334)) Let us not forget these valuable words of our beloved Prophet, and let us remind everyone of them. In the same way that someone on a journey does not waste any more time than necessary on comfort stops but carries on straight ahead to his destination, let us act in the knowledge that this world is indeed nothing but a temporary abode. ○

Continued from page 15

## THE MUSLIM MARRIAGE CRISIS

Submitted by Bro. Taj Siddique

He is frustrated because he is emotionally and financially ready for marriage but has three older sisters who are in different stages of their academics and medical careers. He will have to wait until his sisters are all married, otherwise it will 'look weird', and people from his parent's social circle will wonder what is 'wrong' with his sisters. "I would never want to be the reason for my sisters not to have a wonderful match." He is okay with marrying someone older and is okay with his sisters marrying someone younger. "It's not about age, it is about maturity and compatibility." There is also an unrealistic focus on physicality all around. Boys are too picky; they want someone who looks like a model. Girls want their ideal spouse who looks a certain way, has a certain job etc. and will not settle for anything else. Why should we compromise before the marriage. With so many expectations and not many people lowering their expectations, it makes it much harder to find the right person. A woman at a forum at the Islamic Heritage Museum in DC complained of Muslim men pursuing women who were not Muslims, and how her hijab made it hard for her to find a spouse as she didn't look as 'sexy' and could not compete. Imams, Islamic Centers, Muslim Student Associations, online marriage sites, local professional matchmakers, volunteer matchmakers (khalas and aunties), active men and women in the community and Facebook groups are some of the options for resources. Annual matrimonial events are also arranged by Islamic Cen-

ters where singles meet and greet in a pre-arranged setting. Islamic Circles is a London-based non-profit that holds specialized matrimonial events in DC, when requested by locals. They held 3 separate events in 2012 for practicing, converts, and professional Muslims. It is a shame that we see so many beautiful females out there who are waiting to be married, but yet, we as a community have failed them. Everyone says we have a problem in our Muslim community when it comes to marriage, but no one is willing to fix it. I say to anyone who wants to fix this problem to start with their single friends. The Muslims in US need more local matrimonial events, regional cooperative databases that shares resources amongst all the masjid and organizations, as well as pastoral care individualized to suit the needs of these diverse communities. This is an urgent need and a collective responsibility. ○

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## FEAR OF ALLAAH & SIMPLICITY

Submitted by: Bro. Farooq Shaifi

We also presented to him the fine dates and some very deliciously made delicacies with red and yellow coloring. He tasted them and found them to be very tasty and flavorful. Then Umar (RA) turned to us and said, "O you group of Muhajireen and Ansaar, By Allaah, I can clearly envision that due to these tasty distractions, from among you the son will surely kill his father and a brother will kill his brother." After saying this, Umar (RA) directed to distribute all the delicacies among the progeny of those Muhajireen and Ansaar who were martyred in the life of the Holy Prophet (SAW) Allaah SWT Knows Best. May He Forgive us all.



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