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Ch. 17 V. 1 - Glory to (God) Who did take His servant for a Journey by night from the Sacred Mosque to the farthest Mosque, whose precincts We did bless,- in order that We might show him some of Our Signs: for He is the One Who heareth and seeth (all things).

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DATE	FAJR	SUNRISE	ZUHR	ASR	MAGHRIB	ISHA
Nov. 1-5	6:13	7:32	1:04	4:13	6:36	7:55
6 - 12	5:17	6:37	12:05	3:11	5:32	6:52
13 - 18	5:21	6:41	12:06	3:09	5:30	6:50
19 - 24	5:25	6:45	12:07	3:08	5:29	6:49
25 - 30	5:29	6:50	12:09	3:08	5:28	6:50

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Л.	DATE	FAJR	SUNRISE	ZUHR	ASR	MAGHRIB	ISHA
	Dec. 1-6	5:32	6:54	12:11	3:09	5:29	6:51
	7 - 12	5:36	6:58	12:14	3:11	5:30	6:52
	13 - 18	5:39	7:02	12:17	3:13	5:32	6:55
	19 - 24	5:42	7:05	12:20	3:16	5:35	6:58
	25 - 31	5:45	7:08	12:23	3:20	5:39	7:02

Global Islamic Calendar ~ 1432 A.H - 2011

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UPCOMING ISLAMIC DATES

&

ISLAMIC OCCASIONS 1432 A.H. - 2011

*Yawm-ul-Arafat- Nov. 5th, 2011

*Eid-ul-Adha- Nov. 6th, 2011

*1st of Muharram- Nov. 26th, 2011

*Ashoora- Dec. 5th, 2011
Inshaa Allaah

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AL-HIKMAT INSIGHT

Al-Qur'aan -

Ch. 2 V: 112

Surely anyone who surrenders his being to God and is a doer of good will have his reward with his Lord and there will be no fear upon them, and they will not sorrow.

Cadith - "Abandon anything that gives you doubt for what gives you no doubt. Truthfulness is peace of mind and lying is doubt.

99 Attributes of Linnidhi] **AL-QADIR**

The All Powerful

Words of Wisdom-

Worldly honor may be through wealth, but heavenly honor is certainly through good deeds.

You can tell more about a person by what they say about others than by what others say about them.

"Remember that silence is sometimes the best answer."

"Money can buy everything, but happiness."

Nov. / Dec. 2011

SHAIKH SHAFAYAT'S MESSAGE

(Peace Be Upon Them)

link to

IEWS CHRISTIANS MUSLIMS

Summary of Khutbah written by Sis. Karen Shah Program Vice President of Broward Interfaith Council, Florida U.S.A



Hajj is just around the corner. Millions of people will go. The life of Prophet Ibrahim (PBUH) in Palestine is a powerful link to Hajj, to Islam, to Muslims, to Jews, to Christians, to the entire world. Today the representatives in the United Nations are debating the issue of creating a separate state for Palestine. How does that link to Prophet Ibrahim? In the Holy Qur'an Ch. 59 Al-Hashr Verse 18, Allah says: "O ye Believers! Do your duty to Allah. Look to what you send forth for the morrow. Certainly Allah is has knowledge of all that you do." Allah commands us to do good deeds that will benefit us tomorrow. Prophet Muhammad (PBUH) said that if a person lives a good life, obeys Allah, and does good deeds, his grave will become spacious, and the person will enjoy a cool breeze as if he's already in jannah. Even the Earth is happy in the coming of that person. But if a person lives a bad life and does no good deeds, his grave closes in on him, crushing him. His tomorrow in that grave is his first stop to the Day of Judgment. Hajj will be in a few weeks. People will see the Ka'bah built by Prophet Ibrahim and his son, Ishmael. They will see Ibrahim's footprints. They will run between Safwa and Marwa.... All these are places and symbols of the life and trials of Prophet Ibrahim and his family. What is the connection between him and this verse, what is his tomorrow? Prophet Muhammad (PBUH) said that our religion is one of ikhlas or sincerity. The Jews, Christians, and Muslims all call Prophet Ibrahim the "Father of Nations," who was so sincere in his devotion to God that he offered up what he loved most in this world. At 83 years old, he had no children, and prayed and prayed for a child. The Torah, Bible, and Psalms tell us the same thing. Sarah loved her husband and knew she couldn't give him a child. Allah's strategy caused her to give Ibrahim her maid, Hagar, as a gift. Look at Sarah's sacrifice: she gave up her selfishness, and Ishmael was born. (Some unauthentic stories say Hagar and Ibrahim were not "legally" married, so some people do not accept his son, Ishmael. But they were married, as it was common practice in those times to have more than wife.) Allah commanded Ibrahim, after waiting so long for a child, to take Hagar and Ishmael away from Palestine and leave them in Mecca, a deserted land. This is Ibrahim's first sacrifice. He was so sincere, so devoted to Allah that he agreed to give up what he loved most in this world. He looked to his tomorrow. He didn't say "But there's no food, no water!" And when Hagar asked him "Why," he said "Allah commanded it." She said, "So be it." Continued on Page 12, Inshaa Allaah



FRIDAY KHUTBAH By Shaikh Shafayat Mohamed

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WHAT WE LEARN FROM
ABRAHAM'S/IBRAHIM'S
(Peace Be Upon Him)

SACRIFICE

The stories from our religious tradition's sacred scriptures differ from each other but share common themes. For example,

in the Torah the story about Abraham/Ibrahim is that God asked him to sacrifice Isaac. In the Koran it is told that Abraham/Ibrahim was asked to sacrifice Ishmael. In Jewish tradition there are discrepancies as to how old Isaac was at the time of the sacrifice. Regardless of whether we are speaking about Isaac or Ishmael, I finally figured out how old he was - he was 15. How do I know? Because in the Torah God tells Abraham to sacrifice his son and Abraham, instead of offering any protest, got up early the next morning to get up and go. He did not only get up in the morning; the Torah says he got up "EARLY" in the morning. He uttered not a word of protest. So I'm thinking as any parent of any teenager, God says to sacrifice your teenage child and Abraham is thinking to himself, "Yes!" He probably didn't just get up early – he probably didn't even go to sleep, being up all night packing which is why they left so early! Hopefully by now you are chuckling as you read my "interpretation." I share this with you because when I shared this with my congregation on our most holy of holidays a chuckle of laughter pervaded the congregation. And if you are chuckling too what I am demonstrating is the common bond that all of humanity shares with each other. Despite any particular religious or cultural differences we all share the same fundamentally human experiences of family, relationships, loss, pain, joy, stress and love. When we all realize that the common experiences of being human are more important than the cultural differences that make us distinct, we can learn that for the most part the fundamental values of respect for other human beings is an imperative we all share. In this way we bring our communities together to make this world better for every one of its inhabitants.

ISLAMIC QUOTES OF WORTH

By: Br. Hamzad Mohammed / Trinidad, West Indies

- •A point in Islam is hammered home only when it is nailed to one's understanding.
- •When Muslims burn the midnight candle, success begins to wax warm.
- •Shaitaan diverts traffic from the road leading to Jannah.
- •In the whirling currents of life, Muslims are safe once they keep on their life jacket of Islam.
- •Always put in the neutral gear when justice in Islam is to be made.
- •Drink from the well of Al-Quran to slake your spiritual thirst.
- •Season your life with the condiments or spices of Islam.
- •When afflicted by the storms of life, a Muslim's first port of call should be Allah.
- •Al-Quran is your fire extinguisher to out the flames of doubt.
- •Islam is a one-stop shop where mankind can get all their spiritual needs met.
- •Al-Fatiha is the kernel of Al-Quran.
- •When our actions are coated with sincerity, Allah will be pleased with our spiritual gloss.
- •Every Muslim should be a strong hinge on Islam's door to prevent it from falling down.
- •Prophet Muhammad (saw) was like a mirror for he reflected the ideals of Islam.
- •An uneducated Muslim boy or girl is like a volcano waiting in the arms of time to erupt.
- •The lever of truth in Islam has its fulcrum or support in Al-Quran.
- •Always keep your foot on the clutch of Islam for life is an uphill battle.
- •Muslims should paddle with their oars of Al-Quran and Sunnah to avoid being capsized in life's rough seas.
- •Muslims should galvanize Allah's house in their heart with sheets of Imaan or faith.
- •Hold on to the steering wheel of Islam if you are to keep on the correct lane in life.

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SISTER'S CORNE

By: Sis. Sylmarie / Coral Springs, Florida



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before

SICKNESS

My dear Sisters: Allah (SWT) has

blessed us with life, Islam, guidance, families, sustenance, health, protection, wisdom, and so much more. His bounties are surely overwhelming and we should always be grateful for all that He has blessed us with. Allah (SWT) gives us life every morning and allows us to open our eyes and get out of bed, which in itself is such a blessing we take for granted. There are many blessings that are not always apparent to us, and many blessings we take for granted. Our good health is such a great blessing that we sometimes assume it will always stay that way. "Every joint of every limb, every beat of the heart, every breath, is a favor from Allah (SWT). His blessings are too many to count, let alone repay (Quran 16:18)". Many of us are in good health (alhamdulilah) and we are at that stage where we do not have to worry about "old age" related ailments (arthritis, aches, pain, forgetfulness etc.); or other sicknesses and disabilities. However, many others struggle with these conditions.

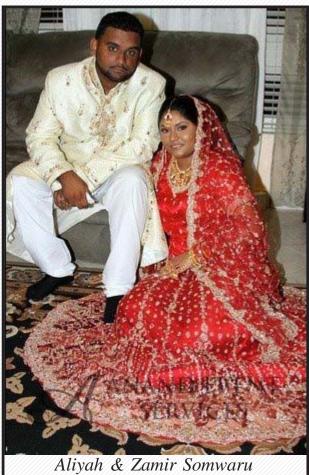
Make the most of your life before death. Make the most of your health before your sickness. Make the most of your free time before you become busy. Make the most of your wealth, before you become poor. Make the most of your youth, before you become old. - (Prophet Muhammad (SAW)

We may have, or know of family members, friends and others in our community, both young and old, who are sick, disabled, hospitalized, immobile, blind, diabetic, Alzheimer stricken, heart problems, strokes, etc. For many, these ailments are a life-altering event. Their normal daily activities and chores become challenging and strenuous. They now have to incorporate their ailments and disabilities into their daily routine. They are unable to fulfill plans they made for retirement and the future. Their perspective on life changes. These are real people, with real pain, suffering and disabilities. Continued on Page 29, Inshaa Allaah >>>>

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Submitted by: Suraiya Ally

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Aliyah and Zamir were recently married on September 16th, 2011 in Pembroke Pines, Florida U.S.A.. Their recepion took place at Hillcrest Golf & Country Club on September 17th, 2011. May Allaah (S.W.T) bless them with a happy married life.

Inshaa Allaah

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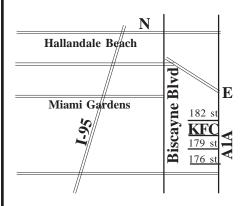
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SECRETS OF THE UNIVERSE IN THE

HOLY QUR'AAN

(Translated from Noor-e-Baseerat, an Urdu article)
Submitted by: Bro. Farooq Shafi
Sunrise, Florida U.S.A

The Holy Qur'aan is a book of divine guidance for mankind. For that reason, "Man" is its subject so that he can improve his life. If the man will improve his life in this world, then he will continue to climb the path of success even after death. But if he has messed up in this world, then there is trouble waiting for him in the hereafter as well. There is only one way to improve man's life and that is to establish a connection with Allaah SWT. That is why the Holy Qur'aan clearly details the Majesty and Characteristics of Allaah SWT so that the man understands Him, love Him and continue to improve by obeying His Commands. Each messenger of Allaah SWT stated that they brought the divine guidance directly from Allaah. Moreover, these messengers/prophets were the epitome of a superior life style. We can truly learn how to obey Allaah SWT from their examples. Thus Allaah SWT

Says in the Holy Qur'aan, "Whosoever obeys the Holy Prophet (SAW), they actually obey Allaah". The Holy Our'aan mentions about the Paradise and the Hell to distinguish the results of good deeds and bad deeds. Allaah SWT is the creator of this universe and one can obtain a divine understanding of Allaah SWT from it. The Holy Qur'aan also states that each and every thing in this universe can be mastered by the man; so to conquer and control this universe's powers is a duty for the mankind and of course, these powers cannot be controlled without knowing and understanding the universe well. This universe is a Grand and Majestic creation of Allaah SWT. HE has detailed the steps in creating this universe in the Holy Our'aan. Allaah has also described in detail the universe's characteristics and Has concluded most eloquently that His creation is not void of a purpose. Allaah SWT has impressed upon His Solitary Being by implementing uniform laws of nature. A creator well knows the ins and outs of his creation. The others try to understand these ins and outs with painstaking research but still don't encompass it all. Allaah SWT Has explained the secrets of this universe in the Holy Qur'aan some 1,400 years ago. It has taken the scientists and researchers this long to understand but a few. This is a GIANT proof that the Holy Qur'aan is a Text from Allaah SWT. Brining these facts in the open strengthens the Imaan (faith) and the true nature of this Holy Scripture. The only thing to keep in mind is that all scientific ideologies are not the last word. If a current scientific philosophy does not jive with the Holy Qur'aan, then it is not necessary to stretch it but better yet to understand that the research is still incomplete.

Allaah Knows Best

FRIDAY KHUTBAH

By Shaikh Shafayat Mohamed

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ONLINE @ 1:30PM

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In Loving Memory of Judith Sabreen Sharif

Submitted by Bro. Arnold Akbar Sharif (Husband)

Judith Sabreen Sharif was born October 17th, 1947 to Guilford Fitzroy Johnson and Marie Elie in La Boca Canal Zone, Republic of Panama. As a young girl Judith fought against the prejudices that existed in Panama by speaking out and protesting even in the face of the police and firebomb. Her intelligence, confidence, beauty and genuine personality earned her respect and high regard from family, friends and colleagues. Judith attended San Vicente High School in the Republic of Panama and later moved to the states in 1969 after meeting Arnold A. Jones (Tony)



JUDITH SABREEN SHARIF October 17th, 1947 - June 16th, 2011

on a trip to visit a friend in New York. After his pursuit for her hand in marriage, she agreed and moved to the U.S. She was raised Catholic and always knew that God was a the center of her life. She joined the Nation of Islam (NOI) and was a part of the MGTCC (Muslim Girl Training Civilization Classes). Judith worked hard to build her family and her community and even after having five children, returned to school and graduated with honors with Bachelors in Chemistry, Long Island University.

Continued on Page 26, Inshaa Allaah

AL-HIKMAT INSIGHT

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ISLAMIC CENTER OF MARIETTA MASJID AL-HEDAYA



Shaikh Shafayat delivered the Jummua Khutba at Masjid Al-Hedaya in Atlanta, Georgia on September 30th, 2011 - organized by Bro. Nazim Baksh. He was accompanied by Bro. Aleem, Bro. Nazir, Bro. Wayne & Bro. Waheed. They were the guest of both Bro. Nazim Baksh and Bro. Shamikh Sahadat.

INTERFAITH PROGRAM



On October 25th. 2011 the Broward Interfaith Council held an interfaith program at Temple Sinai, Hollywood Florida U.S.A. The Key note Speaker was Bro. Wayne Shah who spoke about "Bet you Didn't know That About Islam." The Bro. Wayne Shah | program was fol-

lowed by a Question & Answer session.



Audience at the Interfaith Program

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Continued from Page 4

SARAH & HAGAR

(Peace Be Upon Them) link to

JEWS CHRISTIANS MUSLIMS

She sacrificed being with her husband, and experienced a time of suffering with her child for the sake of Allah and looked to her tomorrow. She was the mother of Ishmael and from him came Muhammad. She became the mother of the largest ummah in the world. Later, when Allah ordered Ishmael's sacrifice at 12 or 13 years old, both Ibrahim and Hagar accepted it as Allah's command. From Sarah's selfless gift of Hagar to Ibrahim came Ishmael. And from Hagar's unselfish acceptance of the sacrifice of Ishmael came Isaac. The commentators say that because of this great sacrifice, Allah blessed Sarah with the birth of Isaac. From these two women we have two sons, Ishmael and Isaac, and from them we have the Jews, Christians and Muslims. And look at the world today: Palestine and Israel. Look at the United Nations trying to decide what to do, look at the political situation. If Muslims go to the Qur'an, and Jews and Christians and politicians go to the Torah, Bible, and Psalms, they will see that these people are one family, and the same father was in charge of this land, and all Jews, Christians and Muslims came from these two women who had the same husband. So what is this split about? Whatever the politicians will do or will not do, keep in mind that scriptures say: whatever will be, will be. Whether they decide on a separation or not, walls or not, when Jesus (PBUH) comes back, he will say: "Look at these offspring of Ibrahim and Hagar and Sarah. You people belong to one ummah, you are from one family, your God is the same God - Allah." Muslims believe he will tear down the walls and bring the people back together in proper understanding of obedience to Allah.

> Continued on Page 25, Inshaa Allaah

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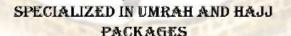
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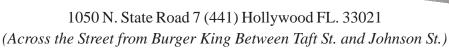
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Nov. / Dec. 2011

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- -4:30pm 5:30pm *Friday Khutba at 1:30pm Live
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- Fri. @ 8:00pm *Al-Hikmat Weekly Update- Fri. @
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Al-Qur'aan, Surah Al Baqara, Ayat 245

"I have created Jinns and Mankind for no other reason than worshipping me."

Al-Qur'aan, Surah Adh Dhariat, Ayat 56

"As to those who believe and do good deeds, verily We shall not suffer to perish the reward of any who do a good deed."

Al-Qur'aan, Surah Al-Kahf, Ayat 30

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BREAST CANCER AWARENESS

Over the course of a lifetime, one in eight women will be diagnosed with breast cancer. Although breast cancer is rarely found in men, it is usually a condition that affects women. Having a family history, certain genetic abnormalities and being over the age of fifty are some of the strongest risk factors for developing this cancer. Women with early cancer usually do not have any symp-

toms, which is why regular exams and screening tests are important. Some symptoms of breast cancer include breast pain, breast lumps, changes in the size, feel and shape of the breasts or nipples. Nipple discharge can also be a sign of cancer or infection in non-pregnant women. All women should know how their breasts look and feel, and report any changes to their primary doctor immediately. Mammography is still considered the best screening test, which is widely available and easy to perform. Yearly mammograms have been recommended starting at age forty and continuing for as long as a woman is in good health. Recently, the United States Task Force recommended to delay mammography until women reach the age of fifty, but this is still considered controversial by many. An abnormal mammogram will lead to further testing. Approximately 2% of women will also require MRI with mammography because of a strong family history or abnormal genetic testing. Although there are no current recommendations to support this, a small percentage of women with a very strong family history are also sent for genetic blood tests, called BRCA analysis. An abnormal result can indicate a much higher risk of developing breast cancer, but these tests are very expensive and usually not covered by most insurance companies. This is a topic that should be discussed with your primary doctor. Fortunately, many cases of breast cancer are curable, if detected early. This is why we recommend increased awareness and annual testing.

This month's trivia question:

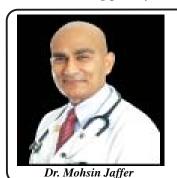
Q.How much calcium supplementation is required for women without a diagnosis of osteoporosis?

a. 500mg per day b. 1000mg per day

c. 1200mg per day d. 1500mg per day

If you have questions regarding any of these topics or any other health-related questions, we are here to help. I invite you to schedule a complimentary visit with me at Jaffer Medical Group. You can visit our website at www.JafferMedicalGroup.com or call us at 954-433-7344. We are located at 1 SW 129 Avenue Suite 405 Pembroke Pines, FL 33027.

Answer: C.1200mg per day - For women with a diagnosis of osteoporosis, 1500mg are required.



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HUMOR

THE COWS

AND THE

POLITICIAN

A politician was campaigning in a rural area. He saw a young man milking a cow at an old house. He approached the young man, to make his pitch for a vote. Just as he was getting started, an old man called from inside the house. "Son, get inside the house - And who is that guy you're talking to?" The son said," he's a politician". "In that case, you'd better bring the cows inside with you also."

* * * * *

A politician decided to go out to the local reservation to gather support from the Native Americans. They were all assembled in the Council Hall to hear the speech. The politician had worked up to his finale, and the crowd was getting more and more excited. "I promise better education opportunities for Native Americans!" The crowd went wild, shouting "Hoya! Hoya!" The politician was a bit puzzled by the native word, but was encouraged by their enthusiasm. "I promise gambling reforms to allow a Casino on the Reservation!" "Hoya! Hoya!" cried the crowd, stomping their feet. "I promise more social reforms and job opportunities for Native Americans!" The crowd reached a frenzied pitch shouting "Hoya! Hoya! Hoya!" After the speech, the politician was touring the Reservation, and saw a tremendous herd of cattle. Since he was raised on a ranch. and knew a bit about cattle, he asked the Chief if he could get closer to take a look at the cattle. "Sure," the Chief said, "but be careful not to step in the HOYA HOYA."

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I Have Learnt So Much From Reading AL-HIKMAT MAGAZIND

Assalaamu Alaikum,

Dear Al-Hikmat,

I am a prisoner at the Florida State Prison. Allaah has guided me to Deen, Al-Hamdulillaah. I would very much appreciate you adding my name to those who receive the Al-Hikmat Magazine. May Allaah reward you for your good deeds and charity,

> Your Brother in Islam, Duke F. Cranford Raiford, Florida U.S.A.

Assalaamu Alaikum,

I am a Muslim sister who is presently incarcerated. I love reading the Al-Hikmat Magazine. Many of your topics I read is very informative. I have learnt+ so much from just reading about the life of the Prophet Muhammad (S.A.W) and many of the topics of Shaikh Shafayat. Please place my name on your mailing list to receive your magazine.

> Ameedah Hodges Quincy, Florida U.S.A

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Dear Al-Hikmat.

I'd like to have a free subscription to your Al-Hikmat Muslim Magazine. I'm a new Muslim convert and I'd love to receive your magazine every month. May Allaah bless and have mercy on you all.

Jamar Mackey / Raiford, Florida U.S.A

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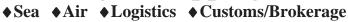
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On Saturday, October 8th, 2011 L'Dor Va-Dor held an Interfaith Dialogue at Santaluces High School auditorium, Lantana Florida. The program consisted of representatives from different faiths, coordinated by Rabbi Barry Silver- on the occasion of Yom Kippurone of the holiest day of the Jewish calendar, the day of Atonement.

Members of the Panel:

John Warner, Shokai, Pastor Renwick Bell, Shaikh Shafayat Mohamed, Rabbi Barry Silver and Jeanette Medea

Photo on Right:

Audience at the Interfaith Dialogue.

Nov. / Dec. 2011





Broward Interfaith Council 9/11 Event

Sunday September 11th, 2011 @ Darul Uloom Institute - Pembroke Pines, Florida U.S.A. On September 11th, 2011 (10th Anniversary of 9/11) the Broward Interfaith Council held an event on 9/11 at Darul Uloom Institute, Florida U.S.A. The Keynote Speaker was Dr. Mary Carter Waren, who spoke about "Looking Back but Moving Forward: How Remembering 9/11 Can bring us Hope to Ten Years Later," The installation of 2011-2012 Officers and Board of Directors was presided by Past President, Shaikh Shafayat Mohamed.





Continued from Page 12

SARAH & HAGAR

(Peace Be Upon Them) link to

JEWS CHRISTIANS MUSLIMS

Because of the sacrifices of these two women who were so sincere and devoted to Allah, Sarah and Hagar became the mothers of the leaders of the world, the mothers of the wealthiest people in the world, the mothers of the most powerful nations of the world. They are so powerful they can't even make a decision for themselves, they must get the United Nations involved to make a decision for them. They are not obeying Allah because they have gone away from what Allah decided for them. They run behind the dunya, chasing wealth, power, all the pomp and show of the material world. And what is this world except play and amusement, wealth and politics? In Ibrahim's day, people loved children, and sons were the wealth of fathers and mothers. Today Allah may not want our sons and daughters, but he does want our good deeds and our willingness to sacrifice. Our "Ishmael" could be money, cars, family, business, position, authority. Today when we love things in this world, be prepared to sacrifice for Allah. So look at the examples of Sarah and Hagar. Look at what kind of women they were, how they loved God, and looked to tomorrow. They were willing to sacrifice what they loved most in this world, and became mothers of the generations to come.

For a Video/Audio Copy of this entire Khutbah, please contact:

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AL-HIKMAT INSIGHT

YOUTH CORNER

Submitted by: Sis. Nowshin Islan

JEALOUSY & GREED

The Quran is full of many magnificent stories that were once read to us by our grandparents, aunts and uncles when we were young. But as time passes, our memories grow faint; these stories should not be lost. This particular story is about Abel and Cain and how the first crime on Earth was committed. Cain and Abel were brothers and like all brothers, they too had their small discrepancies, but in reality they loved each other. Cain was a farmer who grew and harvested crops and Abel was a shepherd who looked over the family's sheep. One day their father, Adam (peace be upon him), commanded both his sons to make a sacrifice to Allah. Abel decided to give up his biggest and fattest goat to Allah. Even though his sacrifice would hurt his farm, Abel sincerely wanted to show Allah all the appreciation he had for Him. Cain thought that this was foolish and Allah would be pleased with something of lesser value. Fortunately Allah gave Cain a plentiful grain harvest that year.

Cain gave Allah the bad straws and plants that was no use to him. This way he wouldn't be wasting anything. When the time of sacrifice came, a blazing fire came down from the heavens and took the goat to Allah, but the fire did not touch the bunch of straws. A raging fury came upon Cain when his sacrifice was rejected. He threatened to kill his brother. Abel piously responded, "If you do stretch your hand against me to kill me, I shall never stretch my hand against you to kill you for I fear Allah". That night, Cain killed Abel in his sleep by throwing a rock at and biting at his head. He succeeded in murdering his brother and committing a great sin. Overwhelmed with guilt he felt after doing this treacherous dead. Cain carried his brother's body on his back for 100 years. The moral of this story is have an open heart and give the best that you own everyday. Another important lesson to be learned is to not let jealousy and greed consume you.

Continued from Page 11

In Loving Memory of Judith Sabreen Sharif

In 1985 she and her husband decided to move their children to Miami, where the climate and environment was more conductive to raising a conscious and peace loving family. Once arriving in Miami, she immediately immersed herself in the Islamic community. As a mother of six, along with several other mothers, she was determined to provide a quality education for their children to be raised as conscious Muslims. She made the sacrifice of teaching in the Sister Clara Muhammad School system with both Masjid Al-Ansar and Masjid Ibrahim. Her focus was always on Islamic education and what was beneficial to the children. For over 22 years, she taught all academic area, foreign language,

(Spanish, French and Arabic) and real life experiences, by exposing her students to the natural environment in Miami, to learn expansiveness of God's creation, so that they will believe and know it is real. She was devoted to community work and service on her own and with the International League of Muslim Women. Everything she did was, she strove to do it with grace, truth, integrity and perfection. Judith work and her essence encourage those around her to elevate their thinking, interactions and aspirations to the best of their ability. She is survived by her husband Arnold Akbar Sharif, her mother Maryam Sharif and all of her other family members.

Auntie B's Recipe

for

BEEF CURRY

Submitted by: Sis. Bibi Deen Coral Springs / Florida U.S.A

Ingredients:

- 1. Chief Brand Garam masala
- 2. hief Brand Curry Powder
- 3. Fresh garlic & onions
- 4. Oil
- 5. Cinnamon sticks
- 6. Cloves
- 7. Tomato paste
- 8. Salt, black pepper, garlic powder, green seasoning (all used to season the beef, prior to cooking)

Procedure:

- 1. Place oil in pot until hot
- 2. Add garlic, onion until golden brown
- 3. Add masala and curry powder, let cook for about three minutes
- 4. Add clove, cinnamon and tomato paste and cook until bubbly
- 5. Add your beef (which has been properly drained), cover and let cook under medium heat
- 6. When the liquid have almost evaporated, add more water, and continue cooking for 40-45 minutes, depending on the texture of the beef OR you may want to pressure cook for about five minutes. Just before you turn off the stove, sprinkle a little garam masala and continue cooking for another five minutes.

<u>Disclaimer</u>: This is Auntie B's quick version of her beef curry. For the real version, she has to show us in person.

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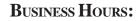
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Pundit Baldath Maharaj was born in Trinidad, West Indies. He attended Mohess Road Hindu School, St. Michael Business College, and Sanatan Vidya Vidyalai School Of Hindu Theology. Being a priest for over 35 years, he founded the Florida Sevashram Samgh, Inc. in 1997 - an institution that has established itself as the center of the Hindu community in Palm Beach County, Florida. He is very active in the interfaith counsel in Hol-■ lywood lectures at the Long Life Learning Center (FAU) in Jupiter, Palm Beach, and Nova Southeast-



Pundit Baldath Maharaj

em University in cultural plurality. He is a practicing pundit for many decades now and is one of the most fluent hindi speakers coming out of the English-speaking Caribbean region. He is very knowledgeable in the scriptures and an expert in conducting puja and other hindu rituals. He has conducted many yajnas at other mandirs in the US and Trinidad, has made many pilgrimages to India and served as the panelist representing Hinduism at the Evangelical Lutheran Church's discussion on world religion.

Continued from Page 8

ENJOY HEALTH SICKNESS

They are the brother who is bound in a wheelchair, or the sister who has lost her eyesight, or the sister who is in constant physical pain. They are all reminders to all of us how much we should appreciate our health and understand how precious it is, and how precious time is. When we see the aged sister struggling to recognize her own child, we need to appreciate our youth. Only when we fall ill, we realize our health is a great blessing from Allah (SWT). Only when we get old, we realize how much we could have done in our youth. The illness we face or the illnesses of others should be a constant reminder of just how precious and how short life is. We should always appreciate and be mindful of how important our health, youth

and time is, and understand the relationship between them. For those of us who enjoy good health, youth and time, let us all be thankful to Allah (SWT) and use it wisely to do more good for His pleasure. We do not know when it will be taken away from us and the time for thanking Allah (SWT) may be gone and the time for doing actions that are pleasing to Allah (SWT) may also be gone, (and Allah's know best).

"And if you would try to count the favors of Allah (SWT), you would never be able to count them. Truly Allah (SWT) is forgiving, most merciful." Ch. 16 V: 18

From the bitterness of disease, man learns the sweetness of health. (A wise man)

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AL-HIKMAT INSIGHT

WHO'S WHO IN AMERICA

BRO. ABDUL RAUF KHAN

Director of Hunger Prevention



Bro. Abdul Rauf Khan was born in Pakistan. He resides in Boca Raton, Florida with his wife and three children. He is presently working for Walgreen's Pharmacy. He is the Director of Hunger Prevention in the ICNA Relief Organization. Bro. Abdul Rauf has a Master Degree in Accountant. Some of his responsibilities are:

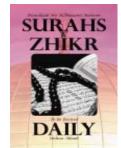
Director Hunger Prevention Programs (USA) Director Community Development, S.E. Region Asst. Director of Disaster Response (USA) State of Florida Muslims Chaplain

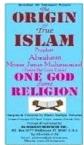
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QUESTION & ANSWER CORNER

By Shaikh Shafayat Mohamed

QURBANI / SACRIFICE

Question: How should Qurbani be performed?

Answer:

Prophet Muhammad (PBUH) taught Muslims the way of remembering the act of Ibrahim A.S.. He stayed 10 years in Madina and performed sacrifice at Eid-ul-Adha. (Tirmidhi) Qurbani in Islamic terms means the slaughtering of an animal with the intention of getting close to Allah (SWT) by giving some or all of the meat to the poor and destitute. Animals that can be sacrificed are goats, cows and camels. They are sacrificed on the day of Eid-ul-Adha and also on the three days after (the 11, 12 and 13th of Dhulhijjah).

Distributing The Meat

Giving charity to the poor by contributing and distributing the meat to them and the destitute. These acts would spread happiness and cheers amongst them especially during the festival of Eid-ul-Adha where Muslims are in the spirit of festivities. Who should do Qurbani

Person who possesses Nisab (zakatable asset) should do Qurbani. It is not obligatory (fard) but is highly recommended (wajib)*, according to the Hanafi school of thought. However, Qurbani is a Sunnah act according to the Shafi, Hanbali, Maliki, and Jafari schools of thought.

Animals for Qurbani

The animals to be slaughtered must be a goat, sheep, cattle (cow, ox, water buffalo), or camel. Goats and sheep have to be at least one year old. For cows the age must be at least two years old. Camels must be at least five years old. Goats and sheep count as one share

per animal. Cattle and camels count as seven shares per animal. They must be free from any form of handicap such as blind, sick, limp and undernourished. It also must be free of any defects such as a cut-off ear, tail, broken teeth,or broken horn. However, the goat/sheep can be used if only a few teeth are broken and most teeth are still intact. In addition, if its horn is broken midway and not from the root, it is persmissible to use such an animal. Injuries sustained during the qurbani do not invalidate the qurbani. The animals must be slaughtered in the appropriate humane ways. It has to be done by a Muslim adhering to the Islamic way of slaughtering the animal.

Time of Qurbani

The time for Qurbani starts from sunrise after the performance of the Eidul Adha prayers which falls on the 10th of Zhulhijjah till the sunsets on the 12th of Zhulhijjah. The best time is to perform the acts of Qurbani immediately after the completion of the Eid-ul-Adha prayers. It was reported that the Prophet Muhammad (PBUH) said: The first thing that we do on the day of Eid is to perform the prayers. Then we go home and carry out our Qurbani. Thus, whoever does those deeds have conformed to our sunnah. And for those who slaughtered before it, then the meat is for the family members and not as an act of Qurbani. (Sahih Al-Bukhari Volume 2, Book 15, Number 82)

Allaah Knows Best

(By request, the names of the questioners are not published)
Answers by: Shaikh Shafayat Mohamed Online www.ALLEXPERTS.COM
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AL-QUR'AAN:

*Ch. 16 V. 125 - Invite (all) to the Way of thy Lord with wisdom and beautiful preaching; and argue with them in ways that are best and most gracious.

*Ch. 41 V.33 - And whose words are better than he who calls towards God, and does righteous deeds, and says, "Verily, I am of those who have surrendered to God."

Ch. 3 V. 104- Let there arise out of you a band of people inviting to all that is good, enjoining what is right, and forbidding what is wrong: They are the ones to attain felicity.

HADITH:

Abu Sa'eed (R.A) narrates that Rasulullah (S. A.W) said, "Almighty Allaah says: "If anybody finds no time for remembrance and for begging favors of Me, because of his remaining busy with the Qur'aan, I shall give him more than what I give to all those who beg favors of Me. The superiority of the Word of Allaah over all the other words is like the superiority of Allaah over the entire creation." (Tirmidhi)

Hadrat Uthman (R.A) narrates that Rasulullah (S.A.W) said: The best amongst you is he who learns the Qur'aan and teaches it."

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